



Arizona Substance Abuse Partnership
Meeting Minutes
November 13, 2008

Summary

Arizona Substance Abuse Partnership (ASAP) Members in Attendance (19):

Jean Ajamie (Department of Education)
Tom Betlach (Arizona Health Care Cost Containment System)
Karen Bulkeley on behalf of Kenneth Deibert (Department of Economic Security)
Anthony Coulson (Drug Enforcement Administration)
David Felix (Department of Public Safety)
Richard Fimbres (Governor's Office of Highway Safety)
Jackie Hillis (Department of Economic Security)
Jane Irvine (Attorney General's Office)
Jan Leshner, Chair (Governor's Office)
Rob Lubitz on behalf of Dave Byers (Administrative Office of the Courts)
Dona Markley on behalf of Dr. Dora Schriro (Arizona Department of Corrections)
Duce Minor (Parker Area Alliance for Community Empowerment, Inc. PAACE)
Dr. Laura Nelson (Department of Health Services)
Dr. Kim O'Connor (Governor's Office/Division for Substance Abuse Policy)
Jerry Oliver (Arizona Department of Liquor License and Control)
Jeff Sanders (Community Member)
Mary Specio-Boyer (COPE Behavioral Services, Inc.) *Teleconference*
Dr. Kellie Warren (Arizona Department of Juvenile Corrections)
Karen Ziegler (Arizona Criminal Justice Commission)

Arizona Substance Abuse Partnership (ASAP) Members Absent (7):

Suzie Barr (Ex-Officio, Governor's Office)
Scott Cocuzza (Business Leader)
Major Scott Hadley (Arizona National Guard)
Marnie Hodahkwen (Ex-Officio, Governor's Office)
Irene Jacobs (Governor's Office for Children, Youth, and Families – Executive Director and Senior Policy Advisor)
Mary Joyce Pruden (Ex-Officio, SAMHSA/CSAP)
Christopher Vasquez (Pinal County Sheriff)

Public (9):

Jason Blackstock (Pima Prevention Partnership)
Sarah Brichler (Pima Prevention Partnership)
James Copple (Strategic Applications International)
Michael Grafton (Drug Enforcement Administration)
Angie Rodgers (Governor's Office)
Lisa Shumaker (Arizona Department of Health Services)
Sean Walsh
Linda Weinberg (Cenpatico)



Dean Wright (Arizona Board of Pharmacy)

Call to Order

Ms. Jan Leshar welcomed members and called the meeting to order at 1:04 p.m. Ms. Leshar asked everyone to introduce him or herself and noted that the meeting would focus on prescription drugs.

Approval of the Minutes

Ms. Leshar referred members to the minutes from the previous meeting. Mr. Richard Fimbres moved to approve the minutes. Dr. Laura Nelson seconded the motion and it was carried with no objections.

NotMYkid Presentation

Ms. Leshar introduced Mr. Ric Borom from notMYkid, a drug education and prevention organization. Mr. Borom provided a background of the organization and referred meeting attendees to the quiz they were handed prior to the presentation. Mr. Borom reviewed the quiz answers with meeting attendees. The quiz focused on facts related to teen drug use and parental perception of teen drug use. Following the presentation Mr. Borom opened the floor for questions and showed examples of unassuming drug paraphernalia.

2008 Strategic Focus Area Outcomes

Mr. Jim Copple briefly mentioned the new Strategic Focus Areas for 2009 in the order they will be addressed: prescription drug use, underage drinking, drug endangered children and marketing and media campaigns. Mr. Copple provided a brief overview of the outcomes achieved in the 2008 Strategic Focus Areas, and mentioned that Ms. Morgan Hester will follow up with the groups working on the action steps in the Executive Action Briefings (EABs) so that they can provide updates on their outcomes and next steps at the January ASAP meeting.

- Child Welfare and Substance Abuse: As a result of Executive Order 2008-01 and the Child Welfare and Substance Abuse Strategic Focus Area several agencies collaborated to produce the *Substance Abuse Treatment Services Capacity Report* which provided a snapshot the state's capacity to treat substance abuse. The *Executive Order 2008-01 Progress Report* highlighted outcomes that made substance abuse treatment for families involved with Child Protective Services a treatment priority, in addition to ways that federal funds are being maximized before state dollars are utilized. Treatment capacity was expanded by the opening of stabilization centers in rural areas around the state.
- Law Enforcement and Drug Trafficking: Arizona was selected to participate in a the U.S. Department of Justice's Eight State Initiative to Combat Methamphetamine, and was selected to participate in The National Methamphetamine Summit that will focus on the critical populations of women, justice involved individuals, and LGBT. Other notable outcomes were the implementation of intelligence sharing protocols for rural and tribal



communities, and the tracking of federal grant funding that is coming into the state and how it is being utilized. The Governor's Office and HIDTA are working together on a Tribal Drug Endangered Children workshop to be held in late January.

- Emerging Trends and the State's Capacity to Respond: The Emerging Issues Subcommittee is in the progress of creating a survey to capture early indicators of substance abuse for the state to be able to develop prevention efforts to address these emerging trends.
- Data Driven Decisions and Policy Making: The Epidemiology Work Group will release the *2008 Substance Abuse Epidemiology Snapshot Report* by the end of the year. This snapshot is a valuable tool for agencies to utilize when looking at policy decisions.

Dr. Nelson mentioned that a Health Services report will be posted on the Department of Health Services website and that she will provide a detailed update in January. Ms. Leshar thanked all members and subcommittees that have been working through the Strategic Focus Areas and EABs.

Pharmaceutical Update

Ms. Leshar introduced Mr. Michael Grafton of the Drug Enforcement Administration (DEA) and Mr. Dean Wright of the Arizona Board of Pharmacy to provide an update on pharmaceuticals. Mr. Grafton explained that the mission of the pharmaceutical diversion program is to ensure that legitimate controlled substances are available to those individuals who need them, in addition to protecting those controlled substances from being abused or diverted. Mr. Grafton reviewed some of the commonly diverted and abused controlled pharmaceuticals (hydrocodone, oxycotin). He noted some of the methods of diversion: illegal distribution from practitioners, employee pilferage, pharmacy theft, patients (doctor shopping, drug rings), smuggling, and Internet availability. Mr. Grafton reviewed recommendations for the Pharmaceutical EAB on behalf of Rich Rosky (HIDTA) who was unable to attend the meeting. These recommendations include basic pharmaceutical crimes training for law enforcement, pharmaceutical crimes working groups, a statewide pharmaceutical drug crime project, prevention/awareness, a pharmaceutical disposal project and a quarterly newsletter. Mr. Grafton mentioned that DEA can provide guidance to community coalitions that want to participate in Take Back Programs, where residents can turn in their old prescription and non-prescription drugs.

Mr. Dean Wright discussed Arizona House Bill 2136, which established the requirement to develop a prescription drug monitoring program. Mr. Wright noted the other states that have similar legislation or who are in the process of developing an active monitoring program. Thirty-eight states currently will have active systems by the end of this year. The program must include a computerized system to track level II, III, and IV drugs in the state and provide information to patients' practitioners and pharmacists. The purpose of the program is to improve the state's ability to identify controlled substance abusers and refer them for treatment. Data collection began on October 6, 2008, and practitioners are required to provide back data from April 1, 2008 to present. In December 2008 medical providers and pharmacists will have access to the system to track and treat their patients more effectively.



Mr. Copple asked if and how the program would monitor consumption. Mr. Wright responded that this is monitored based upon the fact that when the prescription is dispensed and filled consumption is assumed. Mr. Copple mentioned that ASAP should look at policy or prevention strategies that raise awareness, as we see that teens are having access to prescription drugs in the home. Ms. Dona Markley asked if the Board of Pharmacy licenses all of the dispensers, and Mr. Wright responded that all dispensers that have a DEA number to dispense are registered with the Board. All prescriptions that are dispensed for inpatient use will not need to report. A question was raised of whether the Prescription Drug Monitoring Program is meant to target abuse by dispensers or users. Mr. Wright responded that the emphasis is on finding those patients that are mis using or abusing the drugs and get them the help they need. If a patient is found to be abusing prescription drugs, the Board of Pharmacy will then notify the patient's prescribing physicians that their patient has received these prescriptions from other physicians. The threshold will be more than five prescriptions from more than five doctors. The Board of Pharmacy is working with the Indian Health Service to input their information into the system.

Prescription Drug Data

Ms. Leshar introduced Ms. Jeanne Blackburn for an update on prescription data. Ms. Blackburn reviewed the 2008 Arizona Youth Survey data on prescription drug abuse, and mentioned that the questions on the survey this year were changed to better capture the specific types of pharmaceuticals being used. Ms. Blackburn mentioned that the Epidemiology Work Group would release the *2008 Substance Abuse Epidemiology Snapshot Report* by the end of this month. Ms. Blackburn noted that members had received a short report that highlighted hospital data.

Prescription Drug Strategic Focus Area

Mr. Jerry Oliver noted that he feels that the Strategic Focus Areas are missing the drug demand aspect, and are not touching on why people, particularly youth, are using drugs. Mr. Copple noted that there is a generational forgetting surrounding substance abuse and a changing workforce that deals with these issues. Ms. Markely reinforced that we should focus on building a drug resistant child or adult, and not focus on all of the data. Ms. Karen Zeigler mentioned that the data should be brought back to our local areas and that we should actively address those issues in our communities. Dr. Warren mentioned that in the juvenile corrections setting she feels that the "why" has been answered, but feels that how we addressed the "why" is the issue.

A discussion was facilitated by Mr. Copple and the following issues and points were raised:

Prescription Drug Treatment Issues:

- Affordability; access
- Desire to quit

Pharmaceutical Industry Issues:

- No clear consumption monitoring mechanism
- Pro drug advertising



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- Need for investment by industry in practitioner's training (i.e. with methadone)
 - Alternative pain treatments and insurance coverage
 - Preventative medicine to eliminate need for prescriptions

National Media Campaigns/Communications

- Parents and medical community should be targeted
- Issue of kids with multiple diagnoses abusing their own drugs
- Need for providers to coordinate on patient care and prescriptions
- Personalize responsibility- frame advertising with "MY" kid won't...
- Target pediatricians

AOC Report on Drug Treatment Education Funds

Ms. Leshar introduced Ms. Wright from the Administrative Office of the Courts (AOC) to provide an update on the Drug Treatment and Education Fund (DTEF). DTEF was a result of the Drug Medicalization, Prevention and Control Act of 1996. The Act was developed in response to: increase in drug usage, violence committed by criminals while on drugs, the ability for physicians to prescribe Schedule I drugs for medical reasons, non-violent offenders diversion from prison on 1st and 2nd offense drug possession convictions, for better utilization of prison beds for violent offenders instead of low-risk drug users and for increased parental involvement the treatment of youth who abuse drugs. DTEF cost savings is realized from the diversion of person from prisons to probation. In FY 2006 the cost savings from the diversion or persons from prison was \$9,644,773.74.

Other Items and Upcoming Events

Dr. Kim O'Connor asked members to review their handouts. She noted that Arizona was selected to participate in a conference on co-occurring disorders, and was selected to participate in the National Meth Summit in Washington D.C. The Arizona Access to Recovery grant will be presented at a meeting of women legislators in Sarasota, Florida.

Call to the Public

Ms. Leshar made a call to the public and there was no response.

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Adjourn

Ms. Leshar noted that next meeting was scheduled for January 22, 2009. She thanked members and presenters for their participation and adjourned the meeting at 2:56 p.m.